

ACT!vate Men's Breakaway

MAKE 2013 YOUR MOST EFFECTIVE YEAR YET!

Change Resolutions into Revolutions.

There are a select group of people in life who achieve the extraordinary, who rise to the challenge of living and astound others with what they accomplish. They are not born with greater assets than anyone else. What sets them apart is their choice to dream, to commit, to plan, to act and to simply hang tough.

In medieval days knights slew dragons and kings stormed the bastions of hilltop citadels. The "ACT!vate" Breakaway will draw metaphors from this age of chivalry to shape the exercises which we do to formulate plans for an effective 2013. It is a one-day, no-nonsense, high-impact programme that tackles key issues and obstacles to personal or business achievement. It will start the year well and help to set you up to finish higher. Clarify your goals! Define your plans! Make things happen!

Outcomes

A team of specialist coaches will help you:

- Understand and integrate the 5 aspects of personhood.
- Conduct a personal integration assessment
- Clarify purpose and personal strategy
- Define annual goals
- Gain new insights into your personal SWOT profile
- Outline an integrated personal development plan
- Apply "Time for change" principles
- Have fun
- Connect with like-minded men

Delivery Method

In-house Workshop Breakaway

Public Workshop Breakaway



Tools Of Greatness
resources for the craftsmanship of living

Facilitator

Hylton Gudmanz

Hylton is a Competitiveness Consultant who helps people live and work in sync with their fingerprint, focusing on uniting business, brand and community. He is passionate about personal branding, has extensive facilitation experience, draws on a wealth of knowledge and is a masterful story teller.

He is currently studying his Masters degree in Personal and Professional Leadership through the University of Johannesburg.

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