

.....For Women of Influence

Your invitation to engage with

- *Like-minded women in leadership*
- *Deeply meaningful personal and leadership development material*

Can you clear your diary for one day of transformational leadership development? Only 20 extraordinary women can be accommodated. As a leader you pour your life into the success of others. Here is an opportunity to focus for a day on your own needs and development. This completely unique and personal experience will not only refresh and restore you but will unlock possibility and potential you have not previously realised.

Key outcomes include

- **Personal stress relief and energy replenishment**
- **Understand how to engage your strengths and work with your brain to maximise results and minimise effort**
- **Rediscover your sense of purpose and missional engagement**
- **Explore the unique value you add to your organisation and personal relationships**
- **Explore ways to restore the equilibrium of work and personal effectiveness**

I enjoyed the opportunity to spend time with other interesting women in a wonderful, luxurious environment. Well done and congratulations on a thought-provoking retreat. It was well-prepared and you made me feel special. Thank you for the wonderful gift. M

You have a special way with people and thank you for having us. The "spoil" element was fantastic; beautiful food and an uninterrupted day, and the unhurried pace of the material. Everything just flowed: The revelations and insights gained for me have been totally freeing. L

Your facilitator, Janet du Preez is a passionate, provocative and creative thinker in the field of engagement who specialises in the development of innovative products and interventions which promote the effectiveness of individuals, teams, organisations and communities and enable the delivery of strategic imperatives. A Gallup-trained Strengths Performance Consultant for individuals and teams, she is a masterful facilitator, recognised for her ability to engage small groups and to impart practical wisdom founded on her solid academic background in health sciences, psychology and business. Janet is the creative visionary and owner of Tools of Greatness, the Convenor of the Gauteng Branch of the South African Organisation Development Network and is on the Academic Board and Faculty of the Academy for Organisational Change. She has consulted with and trained clients from the Corrosion Institute, Private Health Administrators, Sappi, BMW, Internet Solutions, Pick 'n Pay, Sedibeng Municipality, KPMG, Bayer, the IDC, Thebe Medical, Alexander Forbes and Bytes Management Solutions among others.



Includes

Breakfast, lunch and teas
Gallup Strengthsfinder test
Interactive discussions and exercises based on leadership expertise from John Maxwell, Peter Senge, Malcolm Gladwell, Stephen Covey and others.
Individual coaching session

08h00 to 17h00.

Morrells Boutique Venue,
Northcliff.
R3300

To book, please print and complete the booking form on our website and return to "Me Time" Retreats by Fax: 0865035066 or Email: metime@toolsofgreatness.co.za